Abrar Lyngdoh

Ethical Hacker (CEH v12) & Educator · Open to Cybersecurity Trainer roles

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PROFILE

Certified Ethical Hacker with hands-on experience in Windows and Linux environments, systems and network security, and vulnerability assessment. Currently a classroom educator teaching Quantitative Aptitude to government-job aspirants, turning complex problems into clear, step-by-step methods. Looking to combine both as a **cybersecurity trainer** or in a security role where explaining risk clearly matters as much as finding it. Fast learner, problem solver, and keen on AI automation for IT and security workflows.

EXPERIENCE

Quantitative Aptitude Faculty · **Hundredfold Academy, Shillong** — Jun 2026 – Present

- Teach Quantitative Aptitude to batches of government-job aspirants, from fundamentals to exam-level problem solving.
- Break complex topics (percentages, ratios, time & work, data interpretation) into step-by-step methods and timed shortcuts.
- Run practice and doubt-clearing sessions, diagnosing each learner's mistakes and adapting explanations to their level.
- Plan and deliver live lessons to mixed-ability groups, which transfers directly to technical and security-awareness training.

CERTIFICATIONS

Certified Ethical Hacker (CEH v12)
EC-Council · 2023

Jr Penetration Tester
TryHackMe · 2022

SKILLS

Offensive security	Vulnerability assessment & penetration testing, web application testing, OWASP Top 10, race conditions, HTTP parameter pollution
Tools	Burp Suite, Nmap, Metasploit
Systems	Linux administration, Windows & Linux environments, system configuration, access controls, log analysis
Programming	Python, C, SQL, Bash, JavaScript
Training	Classroom instruction, lesson planning, simplifying technical concepts, mentoring and assessing learners

EDUCATION

B.Tech, Computer Science & Engineering — 2018 – 2022
St. Andrews Institute of Technology & Management, Gurugram, Haryana
Coursework: Programming Languages, Mathematics, Database Management, Linux Administration, AI & ML, Algorithms, Networking

Higher Secondary (Science) — 2015 – 2017
St. Edmund's Higher Secondary School, Shillong, Meghalaya